

# Anoka Hennepin K-12 Curriculum Unit Plan

**Department:** Physical Education

**Course/Grade Level:** Kindergarten

**Unit Title:** Group Activities

**Number of Lessons/Days:** 11 lessons / Trimester 3

**Unit Summary:** In this unit, students will combine skills learned in trimester 1 and 2 for group activities. Students will learn about teamwork and interacting with others during physical education activities. Students will learn to resolve conflict appropriately. Students will demonstrate how to make responsible and safe choices and improve on task behavior.

## DESIRED RESULTS (STAGE 1)

### Program Understanding and/or Minnesota State/Local/Core Standards and Technology Standard(s) addressed:

**IV. Movement, Concept and Strategies:** Students will understand that concepts and strategies impact learning and performance.

**Standard 1:** Demonstrates competency in a variety of motor skills and movement patterns.

**Benchmark:** Students will apply fundamental skills learned in a group activity.

**V. Social Interaction and Teamwork:** Students will understand that responsible social interaction and teamwork leads to enjoyable, challenging and rewarding experiences.

**Standard 4:** Exhibits responsible personal and social behavior that respects self and others during physical activity settings.

**Benchmark:** Students will apply classroom rules and procedures, safe practices, and share equipment and space with others.

**Benchmark:** Follows teacher directions for safe participation and proper use of equipment with minimal reminders.

**Standard 5:** Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

**Benchmark:** Identifies physical activities that are enjoyable

**Benchmark:** Students discuss the enjoyment of playing with friends

<p><b>Overarching Understanding(s) from Curriculum Map/Course Understandings:</b></p> <p><i>Students will understand that....</i></p> <ul style="list-style-type: none"> <li>• Movement and skill performance will enhance success during group activities.</li> </ul> <p><b>Topical Understanding(s) Specific to Unit:</b></p> <p><b>Students will understand that...</b></p> <ul style="list-style-type: none"> <li>• It is important to use kind words with classmates during simple games.</li> <li>• Practice improves performance.</li> <li>• Rules and procedures help us to play fair.</li> <li>• Safe movement during activities/games is important.</li> </ul>	<p><b>Essential Question(s) from Curriculum Map/Course Essential Questions:</b></p> <p><i>To understand, student will need to consider such questions as...</i></p> <ul style="list-style-type: none"> <li>• How can I help my team?</li> <li>• What is a team player?</li> <li>• Why do I need to follow the rules of the activity?</li> </ul> <p><b>Topical Essential Questions for Unit:</b></p> <p><b>To understand, students will need to consider such questions as...</b></p> <ul style="list-style-type: none"> <li>• How can I improve my skills?</li> <li>• What do I do if my team wins?</li> <li>• What do I do if my team does not win?</li> <li>• What do I do if my partner will not share with me?</li> </ul>
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<i>To understand, student will need to...</i>	
<p><b>know...</b>Student will need to know the following in order to...(e.g. facts, concepts, generalizations, rules, theories, principles)</p>	<p><b>be able to...</b>(Students will be able to DO...skills, procedures, processes)</p>
<ul style="list-style-type: none"> <li>• Rules and routines to activities.</li> <li>• Fair play</li> <li>• Shared space</li> <li>• How to take care of equipment</li> </ul> <p>Essential new vocabulary:</p> <ul style="list-style-type: none"> <li>○ Teamwork</li> <li>○ Sportsmanship</li> <li>○ Cooperation</li> </ul>	<ul style="list-style-type: none"> <li>• Verbalize a rule.</li> <li>• Follow rules.</li> <li>• Problem solve with a peer.</li> <li>• Perform skill in an activity.</li> <li>• Display appropriate sportsmanship.</li> </ul>

<ul style="list-style-type: none"><li>○ Problem solving</li></ul> <p>Common misunderstanding(s):</p> <ul style="list-style-type: none"><li>• I will always win.</li><li>• I am always right.</li><li>• Rules don't have to be followed.</li></ul>	
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